

THE TIME CAPSULE ICE RINK TIMETABLE

	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Monday	Patch Ice (NL Skating Club)		Public Session	Public Session	Public Session	Public Session (Half Rink)	Skate UK (Lessons)	Synchronised Skating Club	Staff Hockey						
Tuesday	Patch Ice (NL Skating Club)		Public Session (Half Rink)	Public Session	Public Session	Public Session	NLL Figure Skating Club								
Wednesday	Patch Ice (NL Skating Club)		Public Session	Public Session	Public Session	Public Session (Half Rink - finishes at 5.15pm)	Skate UK (Lessons)	NLL Figure Skating Club	Junior: Lanarkshire Lightning	Over 18s Drop in Hockey					
Thursday	Patch Ice (NL Skating Club)		Public Session (Half Rink)	Public Session	Public Session	Public Session (Half Rink)	Skate UK (Lessons)	Ice Hockey Club							
Friday	Patch Ice (NL Skating Club)		Public Session	Public Session	Public Session	Public Session	Inclusive Skating Club	Junior: Lanarkshire Lightning							
Saturday	Junior: Lanarkshire Lightning			Public Session	Public Session	Public Session	Public: Ice Skating Disco								
Sunday	Ice Hockey Club	Junior: Lanarkshire Lightning (8.45am - 11.30am)		Public Session	Public Session	Public Session	Inclusive Skating Club	Ice Hockey Club							