

## Tryst Main Pool

	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
<b>Monday</b>		Public session (7.45am - 4pm)				12pm - 1pm	Public Session				Closed Session			Public session	1/2 Pool
<b>Tuesday</b>		Public Session (7.45am - 9.30am)		Public Session 1/2 Pool		11.45am - 12.45pm	Public Session 1/2 Pool				Closed Session			Public Session	
<b>Wednesday</b>		Public Session (7.45am - 9.30am)		Public Session 1/2 Pool		11.45am - 12.45pm	Public Session 1/2 Pool		3 Lanes Only		Closed Session		Public Session	1/2 Pool	
<b>Thursday</b>		Public Session (7.45am - 9.30am)		Public Session 1/2 Pool		11.45am - 12.45pm	Public Session 1/2 Pool				Closed Session			Public Session	
<b>Friday</b>		Public Session (7.45am - 12pm)				12pm - 1pm	Public Session				Closed Session			Public Session 1/2 Pool	
<b>Saturday</b>		Public Session 1/2 Pool		Public Session		12pm - 1pm	Public Session				Closed Session				
<b>Sunday</b>		1/2 Pool		Public Session		12pm - 1pm	Public Session				Closed Session				

3 Lanes - Slow, Medium and Fast

Closed sessions and 1/2 pool availability due to swimming lessons and swimming clubs.

## Tryst Baby Pool

	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	
<b>Monday</b>			Public Session 1/2 Pool		Closed Session	Public Session	Closed Session	Public Session 1/2 Pool		Closed Session			Public session			
<b>Tuesday</b>			Public Session 1/2 Pool			Public Session	Public Session 1/2 Pool			Closed Session			Public Session			
<b>Wednesday</b>			Public Session 1/2 Pool			Public Session	Public Session 1/2 Pool			Closed Session			Public Session			
<b>Thursday</b>			Public Session 1/2 Pool			Public Session	Public Session 1/2 Pool			Closed Session			Public Session			
<b>Friday</b>			Public Session 1/2 Pool				Closed Session		Public Session 1/2 Pool		Closed Session			Public Session		
<b>Saturday</b>			Public Session						Closed Session							
<b>Sunday</b>			Public Session						Closed Session							

Closed sessions and 1/2 pool availability due to swimming lessons and swimming clubs.

## Improvers Pool

	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	
<b>Monday</b>			Public Session			AquaFit 12.15 - 1pm			Public Session			Public session				
<b>Tuesday</b>		Closed Session				Public Session			Public Session			Aqua Natal 6- 6.45pm	Public Session (6.45pm - 9pm)			
<b>Wednesday</b>		Closed Session				Public Session			Public Session			Public Session (6pm - 7.45pm)	AquaFit 7.45pm - 8.30pm			
<b>Thursday</b>		Closed Session				AquaFit 12pm - 12.45pm			Public Session		Closed Session	Public Session				
<b>Friday</b>		Closed Session			Public Session	AquaFit 12.15pm - 1pm	Public Session			Closed Session	Public Session					
<b>Saturday</b>		Public Session							Closed Session							
<b>Sunday</b>		Public Session								closed Session	Public Session	Closed Session				

Closed sessions and 1/2 pool availability due to swimming lessons and swimming clubs.