

Time Capsule 25m Pool (Swimzone)							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 - 7:00							
7:00 - 7:30	Public Access - Full Pool (6:30 - 9:15)	Public Access - Full Pool (6:30 - 9:15)	Public Access - Full Pool (6:30 - 9:15)	Public Access - Full Pool (6:30 - 9:15)	Public Access - Full Pool (6:30 - 9:15)	Public Swim - Full Pool (7:00 - 8:30)	Public Swim - Full Pool (7:00 - 17:00)
7:30 - 8:00							
8:00 - 8:30							
8:30 - 9:00	Public Access - Half Pool (9:15 - 11:30)	Public Access - Half Pool (9:15 - 11:30)	Public Access - Half Pool (9:15 - 11:30)	Public Access - Half Pool (9:15 - 11:30)	Public Access - Half Pool (9:15 - 11:30)	Public Swim - Half Pool (8:30 - 13:00)	
9:00 - 9:30							
9:30 - 10:00							
10:00 - 10:30	Public Access - Full Pool (11:30 - 13:00)	PA - Full Pool (11:30 - 12:30)	PA - Full Pool (11:30 - 12:30)	PA - Full Pool (11:30 - 12:30)	PA - Full Pool (11:30 - 12:30)		
10:30 - 11:00							
11:00 - 11:30	Half Pool (13:00 - 14:00)	Public Access - Half Pool (12:30 - 14:30)	Public Access - Half Pool (12:30 - 14:30)	Public Access - Half Pool (12:30 - 14:30)	Public Access - Half Pool (12:30 - 14:30)		
11:30 - 12:00							
12:00 - 12:30	Public Access - Full Pool (14:00 - 15:15)	PA - Full Pool (14:30 - 15:15)	Full Pool (14:30 - 15:15)	PA - Full Pool (14:30 - 15:15)	Public Access - Half Pool (12:30 - 18:30)	Public Swim - Full Pool (13:00 - 18:00)	
12:30 - 13:00							
13:00 - 13:30	Public Access - Half Pool (15:15 - 18:00)	Public Access - Half Pool (15:15 - 18:30)	Public Access - Half Pool (15:15 - 18:00)	Public Access - Half Pool (15:15 - 20:00)			
13:30 - 14:00							
14:00 - 14:30							
14:30 - 15:00	PA - Full Pool (18:00 - 19:15)	PA - Full Pool (18:30 - 20:00)	PA - Full Pool (18:00 - 18:45)		Public Access - Full Pool (18:30 - 20:00)	Pool Closed 18:00	
14:30 - 15:00							
15:00 - 15:30	Public Access - Full Pool (20:00 - 22:00)	1 Lane Open (20:00 - 21:00)	Pool Closed 18:45	Public Access - Full Pool (20:00 - 22:00)	Pool Closed 20:00	Pool Closed 17:00	
15:30 - 16:00							
16:00 - 16:30	Public Access - Half Pool (15:15 - 18:00)	Public Access - Half Pool (15:15 - 18:30)	Public Access - Half Pool (15:15 - 18:00)	Public Access - Half Pool (15:15 - 20:00)			
16:30 - 17:00							
17:00 - 17:30	PA - Full Pool (18:00 - 19:15)	PA - Full Pool (18:30 - 20:00)	PA - Full Pool (18:00 - 18:45)		Public Access - Full Pool (18:30 - 20:00)	Pool Closed 18:00	
17:30 - 18:00							
18:00 - 18:30	Public Access - Full Pool (20:00 - 22:00)	1 Lane Open (20:00 - 21:00)	Pool Closed 18:45	Public Access - Full Pool (20:00 - 22:00)	Pool Closed 20:00	Pool Closed 17:00	
18:30 - 19:00							
19:00 - 19:30	Public Access - Full Pool (20:00 - 22:00)	PA - Full Pool (21:00 - 22:00)	Pool Closed 18:45	Public Access - Full Pool (20:00 - 22:00)	Pool Closed 20:00	Pool Closed 17:00	
19:30 - 20:00							
20:00 - 20:30	Public Access - Full Pool (20:00 - 22:00)	PA - Full Pool (21:00 - 22:00)	Pool Closed 18:45	Public Access - Full Pool (20:00 - 22:00)	Pool Closed 20:00	Pool Closed 17:00	
20:30 - 21:00							
21:00 - 21:30	Public Access - Full Pool (20:00 - 22:00)	PA - Full Pool (21:00 - 22:00)	Pool Closed 18:45	Public Access - Full Pool (20:00 - 22:00)	Pool Closed 20:00	Pool Closed 17:00	
21:30 - 22:00							

- * 1 swim lane will be up Monday - Friday (11:30 - 12:30)
- * 1 swim lane will be up Tuesday (19:00 - 20:00)
- * 1 swim lane will be up Thursday (20:00 - 21:00)
- * Friday night we have a Family session 6.45-7.45. This session is open to all.



WE SUPPORT EVERY BODY

- Public Access - Full Pool
- Public Access - Half Pool
- Pool Closed

For more information on Public Access availability, please contact the venue on - 01236 449572

Please note that this Timetable is subject to change