

# BEN NEVIS

CHARITY TREK 2019

Saturday 22nd June 2019

# NEVIS VIEW

CHARITY WALK 2019

Saturday 22nd June 2019

# BEN LOMOND

CHARITY TREK 2019

Saturday 24th Aug 2019

# LOCH KATRINE

CHARITY WALK 2019

Saturday 7th Sep 2019



WE ARE  
MACMILLAN.  
CANCER SUPPORT

## Choose a Challenge

- BEN NEVIS** Join us to climb the highest mountain range in the UK - 17km, 10.5 miles in total - a challenging but amazingly rewarding experience.
- NEVIS VIEW** Take on this 13 mile walk meandering through the countryside of Fort William with the might of Ben Nevis in your view.
- BEN LOMOND** This munro is a beauty to bag, take on the challenge with your friends and family.
- LOCH KATRINE** A beautiful scenic walk around the loch, challenge yourself to a half marathon 13.6 miles or a full marathon distance of 26 miles, go on you can do it!

### How do I sign up?

Contact Jim : **07305 814300**  
jim.pettigrew@ntlworld.com

or Carolyn : **07711 309027**  
carolynmckeown@posltd.net

TEAM  
**MCKEOWN**  
SUPPORTING MACMILLAN CANCER SUPPORT