Tryst Sports Centre
Pool Timetable

Main Pool

	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
Monday	Closed	Gereral Public/Laned Swim								Learn To Swim		Swim Club Tryst		General Public/Laned Swim	
										Swim Club Tryst					
Tuesday	Closed	Gereral Public/Laned Swim								Learn To Swim	Swim Club Tryst			General Public/Laned Swim	
										Swim Club Tryst					
Wednesday	Closed	Gereral Public/Laned Swim								Learn To Swim	Swim Club Tryst			Sub Aqua Club	
														General Public/Laned Swim	
Thursday	Closed	Gereral Public/Laned Swim								Learn To Swim		Swim Club Tryst		General Public/Laned Swim	
										Swim Club Tryst					
Friday	Closed	Gereral Public/Laned Swim						Learn To Swim		Learn To Swim		Swim Club Tryst		General Public/Laned Swim	
										Swim Club Tryst					
Saturday	Closed	Learn To Swim		Gereral Public/Laned Swim							Closed	Saturday Night Project			Closed
Sunday	Closed	Gereral Public/Laned Swim		Learn To Swim	General Public/Laned Swim					Swim Club Tryst					
								Staff Training							

Please Note: Main Pool General Public/Laned Swim Will Have Some Laned Swimming Throughout Each Session

Improvers Pool

	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
Monday	Closed		General Public Swim		AquaFit		Learn To Swim			Closed	Learn To Swim		General Public Swim		Closed
Tuesday	Closed		General Public Swim						Learn To Swim				General Public Swim		Closed
Wednesday	Closed		General Public Swim						Learn To Swim			General Swim	Closed	AquaFit	Closed
Thursday	Closed		General Public Swim		AquaFit	General Public Swim				Learn To Swim		General Public Swim			Closed
Friday	Closed		General Public Swim							Learn To Swim		General Public Swim			Closed
Saturday	Closed			Gereral Public Swim							Closed	Saturday Night Project			Closed
Sunday	Closed				Learn To Swim	General Swim					PALS		General Swim	Closed	

Teaching Pool

		07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
Monday	1	Closed			Learn To Swim				Closed		Learn To Swim		Closed	General Public Swim		Closed
	2	Closed		General Public Swim				Learn To Swim	General Public Swim		Learn To Swim		Closed	General Public Swim		Closed
Tuesday	1	Closed			Learn To Swim		Closed	Learn To Swim		Closed	Learn To Swim			General Public Swim		Closed
	2	Closed		General Public Swim				Learn To Swim		General Public Swim	Learn To Swim			General Public Swim		Closed
Wednesday	1	Closed			Learn To Swim		Closed	Learn To Swim		Closed	Learn To Swim			General Public Swim		Closed
	2	Closed		General Public Swim				Learn To Swim		General Public Swim	Learn To Swim			General Public Swim		Closed
Thursday	1	Closed			Learn To Swim		General Public Swim	Learn To Swim						General Public Swim		Closed
	2	Closed		General Public Swim							Learn To Swim			General Public Swim		Closed
Friday	1	Closed			Learn To Swim		Closed	Learn To Swim		Closed	Learn To Swim			General Public Swim		Closed
	2	Closed		General Public Swim			Closed	General Public Swim			Learn To Swim			General Public Swim		Closed
Saturday	1	Closed		Learn To Swim				General Public Swim				Closed	Saturday Night Project			Closed
	2	Closed		Learn To Swim				General Public Swim				Closed	Saturday Night Project			Closed
Sunday	1	Closed		Learn To Swim		General Swim					PALS		General Swim		Closed	
	2	Closed		Learn To Swim		General Swim							General Swim		Closed	