

# SWIM ZONE Pool Timetable

Main Pool		Time Slots																
		06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00	
Monday	1	CLOSED	Lane Swim				Lane Swim											
	2				GENERAL SWIM			GENERAL SWIM										
	3											Learn to swim		Aqua Fit		Aqua Fit		
	4																	Lane Swim General Swim
Tuesday	1	CLOSED	Lane Swim				Lane Swim											
	2				GENERAL SWIM			GENERAL SWIM										
	3											Learn to swim						Bellshill Sharks
	4																	Lane Swim General Swim
Wednesday	1	CLOSED	Lane Swim				Lane Swim											
	2				GENERAL SWIM			GENERAL SWIM										
	3											Learn to swim		Canoe Club				GENERAL SWIM, Subject to change
	4																	
Thursday	1	CLOSED	Lane Swim				Lane Swim											
	2				GENERAL SWIM			GENERAL SWIM										
	3											Learn to swim		Aqua Fit		Aqua Fit		Lane Swim General Swim
	4																	
Friday	1	CLOSED	Lane Swim				Lane Swim											
	2				GENERAL SWIM			GENERAL SWIM										
	3											Learn to swim						GENERAL SWIM, Subject to change
	4																	
Saturday	1	CLOSED					Lane Swim											
	2			Airdrie & Coatbridge ASC														
	3				Learn to swim		GENERAL SWIM			GENERAL SWIM								
	4																	
Sunday	1	CLOSED	Lane Swim				Lane Swim											
	2				GENERAL SWIM			GENERAL SWIM										
	3																	
	4																	

Please note that there may be slight change in the main pool at certain days/times due to school swimming lessons.

Boom Area		Time Slots															
		06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
Monday						Learn to Swim				Learn to Swim			Learn to Swim				
Tuesday						Learn to Swim				Learn to Swim			Learn to Swim				
Wednesday						Learn to Swim				Learn to Swim			Learn to Swim				
Thursday						Learn to Swim				Learn to Swim			Learn to Swim				
Friday						Learn to Swim				Learn to Swim			Learn to Swim				
Saturday							Learn to Swim										
Sunday																	

Please note that there may be a reduced programme on certain days/times with regards to school swimming lessons

