



pool & health suite

programme

Sir Matt Busby Sports Complex

01698 747466

*Contact AccessNL for unlimited use of
Swimming
Health Suites
Gyms
Fitness Studios
and classes throughout North Lanarkshire*

**join
today!**

01236 442644

accessnl@nlleisure.co.uk

Supported by



Sir Matt Busby Sports Complex

pool programme

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am -7am							
7am -8am							
8am -9am							
9am -10am							
10am -11am							
11am -noon							
noon -1pm							
1pm -2pm							
2pm -3pm							
3pm -4pm							
4pm -5pm							
5pm -6pm							
6pm -7pm							
7pm -8pm							
8pm -9pm	Aqua Fit						
9pm -10pm	Adults Only						

health suite programme

Monday	9.00am – 10.00pm	Mixed
Tuesday	9.00am – 10.00pm	Mixed
Wednesday	9.00am – 10.00pm	Gents
Thursday	9.00am – 10.00pm	Ladies
Friday	9.00am – 10.00pm	Mixed
Saturday	9.00am – 8.00pm	Mixed
Sunday	9.00am – 8.00pm	Mixed

- club - closed to public
- restricted to certain groups
- pool closed
- lessons - areas restricted
- club - lanes restricted
- lane swimming

Sir Matt Busby Sports Complex
 Main Street
 Bellshill
 01698 747466

Pool timetable is subject to change. Last admission, 1 hour before closing